#### **VENUES**

Alderbrook School

Oldridge Road - SW12 8PP

**Belleville Wix Academy** 

Wix's Lane - SW4 0AJ

**Carnegie Library** 

192 Herne Hill Road, London SE24 0AG

**DLC (Dulwich Leisure Centre)** 

2b Crystal Palace Road - SE22 9HB

**EDCC (East Dulwich Comm Centre)** 

44-46 Darrell Road - SE22 9NL

FMH (Friends' Meeting House)

34 Sunderland Road - SE23 2QA

**Goodrich School** 

Dunstans Road - SE22 0EP

Ivydale Bellwood

1 Bellwood Road - SE15 3DE

**Lochaber Hall** 

Manor Lane Terrace - SE13 5QL

St Bartholomew's Church Hall

4 Westwood Hill - SE26 6QR

St. Dunstan's

32 Bellingham Green - SE6 3JB

**Studio One Pilates** 

58-72 Dalmain Road - SE23 1AT

St. William of York

Brockley Park - SE23 1PS

Telegraph Hill Centre

Kitto Road - SE14 5TY

The Scout Hut

212 Bellenden Road - SE15 4BY

**Training Points** 

5-6 Coopers Yard - SE19 1TN



www.eosdance.co.uk

## Class Calendar 2023-2024

Autumn term Spring Term Summer Term Holidays

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Septe	mbe	er					Octol	ber						Nove	mbe	r					Dece	mbe	er				
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May							June							July							Augu	ıst					
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12:40 to 1:20pm - Heel 'n Toes

	MONDAY GOODRICH (Ballet - Miss Ari) 3:45 to 4:25pm - Rising Stars 4:25 to 5:05pm - Mini Ballerini 5:05 to 5:35 - Pointe work (Sugar Plum Fairies)	FMH (Ballet - Miss Anita) 9:30 to 10am - Big & Small 10 to 10:30am - Tiny Dancers	FMH (Str Da Berni) 4 to 4:40pm 4:40 to 5:20	4 to 4:4 - Mini Street 4:40 to		ILL CENTRE (Str Dance - :40pm - Mini Street o 5:20pm - Junior Street o 6pm - Junior Street Plu	<b>Louis)</b> t us	(Ballet - 2:50 to 3 3:20 to 3 3:50 to 4	Miss Emma) 3:20pm - Big & Small 3:50pm - Tiny Dancers 4:30pm - Rising Stars	SUNDAY IVYDALE BELLWOOD (Ballet - Miss Emma) 9 to 9:30am - Big & Small 9:30 to 10am - Tiny Dancers 10 to 10:40am - Rising Stars			
	TUESDAY DLC (Ballet - Miss Ari) 3:30 to 4pm - Big & Small 4 to 4:30pm - Tiny Dancers 4:30 to 5:10pm - Rising Stars	FMH (Ballet - Miss Anuschka) 3:30 to 4pm - Big & Small 4 to 4:30pm - Tiny Dancers 4:30 to 5:10pm - Rising Stars 5:10 to 5:50pm - Mini Ballerini			- Mini - Junic	or Street	LOCHA 3:30 to 4 to 4:3	<b>BER HAL</b> 4pm - Bi 30pm - Ti	L (Ballet - Cover teacher) ig & Small iny Dancers - Rising Stars	2 to 12:40pm - Mini Ballerini  VYDALE BELLWOOD (Str Dance - Miss Emma)  0:40 to 11:20am - Mini Street  1:20am to 12pm - Junior Street			
1	EDCC (Ballet - Miss Anita) 3:3 9:30 to 10am - Big & Small 4 to	C (Ballet - Miss Ari) O to 4pm - Tiny Dancers O 4:40pm - Rising Stars O to 5:10pm - Pointe Prep class (Ages 8-Adult)	<b>Anita)</b> 3:50 to 4:30	(Str Dance - Miss Opm - Mini Street Opm - Junior Stree		CARNEGIE LIBRARY (Str Dance - Louis) 4 to 4:40pm - Mini Stree 4:40 to 5:20pm - Junior	Emm 3:30 t		*Aldebrk children ONLY* 4:10pm - Mini Street 4:50pm - Junior Street	12:40 to 1:20pm - Junior Street Plus			
	THURSDAY  FMH (Ballet - Miss Ari)  4 to 4:40pm - Rising Stars  4:40 to 5:20pm - Mini Ballerini &  Etoiles	DLC (Str Dance - Louis) 4 to 4:40pm - Mini Street 4:40 to 5:20pm - Junior Street		· · · · · · · · · · · · · · · · · · ·	i <b>ldren</b> - Tiny	•	3:30 to 4 to 4:3 4:30 to	4pm - Bi 30pm - Ti 5:10pm	RE (Ballet - Miss Anita)  ig & Small  iny Dancers  - Rising Stars	TR POINTS (Ballet - Miss Gina) 9 to 9:30am - Big & Small 9:30 to 10am - Tiny Dancers 10 to 10:40am - Rising Stars 12 to 12:40pm - Mini Ballerini/ Etoiles			
	FRIDAY DLC (Ballet - Miss Ari) 3:30 to 4pm - Tiny Dancers 4 to 4:40pm - Rising Stars 4:40 to 5:20pm - Mini Ball/Etoiles	FMH (Ballet - Miss Anita) 9:30 to 10am - Big & Small 10 to 10:30am - Tiny Dancers		LOCHABER HALL 3:50 to 4:30pm - 4:30 to 5:10pm - LOCHABER HALL 5:10 to 5:50pm -	or Street l <b>et - Miss Anita)</b>	3:30 to 4 to 4:3 4:30 to	4pm - Bi 30pm - Ti 5:10pm	ig & Small	TR POINTS (Str Dance - Miss Gina) 10:40 to 11:20am - Mini Street 11:20am to 12pm - Junior Street				
	SATURDAY EDCC (Ballet - Miss Ari) 8:30-9am - Pointe class (SP Fairies) 9-9:40am - Mini Ballerini 9:40-10:20am - Rising Stars 10:20-11am - Etoiles 11-12pm - Cygnets 12-1pm - Sugar Plum Fairies  EDCC (Tap - Louis) 12 to 12:40am - Toe Tips	EDCC (Street Dance - Louis) 9 to 9:40am - Mini Street 9:40 to 10:20am - Junior Street 10:20 to 11am - Junior Str Plus 1:30 to 2:30pm -Teen Street EDCC (Ballet - Louis) 11 to 11:30am - Big & Small 11:30-12pm - Tiny Dancers EDCC (Contemporary - Louis) 2:30 to 3:30pm - Counterpoint	Anita) 9:00 to 9: 12 to 12:4  SCOUT H 9:40 to 10: 10:10 to 1 10:40 to 1	JT (Street Dance - 40am - Mini Stree 10pm - Junior Stree UT (Ballet - Miss A 0:10am - Big & Sma 10:40am - Tiny Dan 11:20am - Rising St 12pm - Mini Baller	t et <b>Anita)</b> all ncers tars	9 to 9:30am - Big & 5 9:30 to 10am - Tiny I 10 to 10:40am - Risii 12 to 12:40pm—Mir	Small Dancers ng Stars ni Balleri <b>Dance</b> - Mini Stre	ni S Miss 1 1eet 1	St. BART'S (Str Dance - Miss Maria) 9 to 9:40am - Mini Street 9:40 to 10:20am - Junior Street St. BART'S (Ballet - Miss Mari 10:20 to 10:50am - Big & Small 10:50 to 11:20am - Tiny Dance 11:20am to 12pm - Rising Stars 12 to 12:40pm - Mini Ballerini	a) ST WILLIAM of YORK (Ballet - Cover teacher) 2:50-3:20pm - Big & Small			

Etoiles

3:30 to 4:30 - Motif

# Class description

Students are ordered by School Year and move up in September, when applicable.

## Ballet

#### Big & Small

For children aged 2 upwards. Older students who prefer dancing with an adult. A fun class with parents, nannies or anyone keen to join their little dancers. Baby siblings welcome to come along.

#### **Tiny Dancers**

Pre-schoolers, intended as Academic Year prior starting reception. The first approach-ballet technique in a creative and imaginative style.

#### Rising Stars\*

Reception children and school year 1. A definite development from the former stage and a preparation-more demanding ballet technique.

\* Advanced rising Stars are children in Year 1 who have already attended previous levels at Eos Dance

#### Mini Ballerini

Introduction of barre work and more elaborated enchaînments. From school year 2, up-and including beginners in Year 3 and 4.

#### **Etoiles**

Beginners in Year 4 or older children with little or no ballet background. Very advanced school year 3.

## Cygnets

Children from school year 5, according-level of experience.

## **Sugar Plum Fairies**

Children from year 5-6, with a strong ballet background. Tweens and teenagers at beginner level.

## Street dance

#### **Mini Street**

Music, energy and great moves! Children from reception-school Year 1.

#### **Junior Street**

Adding style to more challenging choreographies. Children from school Year 2-Year 4 beginners.

#### **Junior Street Plus**

Time to start big moves. Children from school Year 4 advanced-Year 6.

#### Teen Street

For highly enthusiastic pre-teens and teenagers. Fun is the only requirement...

## Tap

### **Toe Tips**

The first approach-some very good fun. Children from reception-school year 2

#### Heel 'n Toe

More advanced steps, routines and techniques. Children in school year 3-year 6

## Contemporary

#### Motif

From school year 2, up-and including beginners in Year 3 and 4.

## Counterpoint

Children from school year 5 to teens, according-level of experience.

## Musical Theatre

## **Spotlight**

A first approach to the magical world of performance. For reception and school year 1 children.

#### Chorus

Buddying artists from school year 2 upwards. Express your creativity through stage techniques.