VENUES

Alderbrook School

Oldridge Road - SW12 8PP

Belleville Wix Academy

Wix's Lane - SW4 0AJ

Carnegie Library

192 Herne Hill Road, London SE24 0AG

DLC (Dulwich Leisure Centre)

2b Crystal Palace Road - SE22 9HB

EDCC (East Dulwich Comm Centre)

44-46 Darrell Road - SE22 9NL

FMH (Friends' Meeting House)

34 Sunderland Road - SE23 2QA

Goodrich School

Dunstans Road - SE22 0EP

Ivydale Bellwood

1 Bellwood Road - SE15 3DE

Lochaber Hall

Manor Lane Terrace - SE13 5QL

St Bartholomew's Church Hall

4 Westwood Hill - SE26 6QR

St. Dunstan's

32 Bellingham Green - SE6 3JB

Studio One Pilates

58-72 Dalmain Road - SE23 1AT

St. William of York

Brockley Park - SE23 1PS

Telegraph Hill Centre

Kitto Road - SE14 5TY

The Scout Hut

212 Bellenden Road - SE15 4BY

Training Points

5-6 Coopers Yard - SE19 1TN



www.eosdance.co.uk

Class Calendar 2023-2024

Autumn term Spring Term Summer Term Holidays

September October November December																										
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12 to 12:40am - Toe Tips

12:40 to 1:20pm - Heel 'n Toes

	MONDAY GOODRICH (Ballet - Miss Ari) 3:45 to 4:25pm - Rising Stars 4:25 to 5:05pm - Mini Ballerini 5:05 to 5:35 - Pointe work (Sugar Plum Fairies)	9:30 to 10am - Big & Small 10 to 10:30am - Tiny Dancers	FMH (Str Da Berni) 4 to 4:40pm 4:40 to 5:20	4 to 4:40 - Mini Street 4:40 to 5		LL CENTRE (Str Dance - 40pm - Mini Street 5 5:20pm - Junior Street 5 6pm - Junior Street Plu	t is	CARNEGIE LIBRARY (Ballet - Miss Emma) 2:50 to 3:20pm - Big & Sn 3:20 to 3:50pm - Tiny Dar 3:50 to 4:30pm - Rising Si 4:30 to 5:10pm - Mini Bal	nall ncers stars	SUNDAY IVYDALE BELLWOOD (Ballet - Miss Marilia) 9 to 9:30am - Big & Small 9:30 to 10am - Tiny Dancers 10 to 10:40am - Rising Stars 12 to 12:40pm - Mini Ballerini		
	TUESDAY DLC (Ballet - Miss Ari) 3:30 to 4pm - Big & Small 4 to 4:30pm - Tiny Dancers 4:30 to 5:10pm - Rising Stars	FMH (Ballet - Miss Anuschka) 3:30 to 4pm - Big & Small 4 to 4:30pm - Tiny Dancers 4:30 to 5:10pm - Rising Stars 5:10 to 5:50pm - Mini Ballerini				Street 3:30 4 to		BER HALL (Ballet - Cover of 4pm - Big & Small 0pm - Tiny Dancers 5:10pm - Rising Stars	teacher) I	IVYDALE BELLWOOD (Str Dance - Miss Marilia) 10:40 to 11:20am - Mini Street 11:20am to 12pm - Junior Street		
_ I	EDCC (Ballet - Miss Anita) 3:3 9:30 to 10am - Big & Small 4 to	C (Ballet - Miss Ari) O to 4pm - Tiny Dancers O 4:40pm - Rising Stars O to 5:20pm - Mini Ballerini/Etoiles	Anita) 3:50 to 4:30	(Str Dance - Missoppm - Mini Street	5 (CARNEGIE LIBRARY (Str Dance - Louis) 4 to 4:40pm - Mini Stree 4:40 to 5:20pm - Junior		ALDERBROOK (Str Dance - Miss Emma)*Aldebrk children ONLY* 3:30 to 4:10pm - Mini Street 4:10 to 4:50pm - Junior Street		I2:40 to 1:20pm - Junior Street Plus		
	THURSDAY FMH (Ballet - Miss Ari) 4 to 4:40pm - Rising Stars 4:40 to 5:20pm - Mini Ballerini & Etoiles	DLC (Str Dance - Louis) 4 to 4:40pm - Mini Street 4:40 to 5:20pm - Junior Street		ALDERBROOK (I *Alderbrook chi 3:30 to 4:10pm 4:10 to 4:50pm	ildren - Tiny l	ONLY* Dancers & Rising Stars	ncers & Rising Stars 4 to 4:		unita)	TR POINTS (Ballet - Miss Gina) 9 to 9:30am - Big & Small 9:30 to 10am - Tiny Dancers 10 to 10:40am - Rising Stars 12 to 12:40pm - Mini Ballerini/ Etoiles TR POINTS (Str Dance - Miss Gina) 10:40 to 11:20am - Mini Street 11:20am to 12pm - Junior Street		
	FRIDAY DLC (Ballet - Miss Ari) 3:30 to 4pm - Tiny Dancers 4 to 4:40pm - Rising Stars 4:40 to 5:20pm - Mini Ball/Etoiles	FMH (Ballet - Miss Anita) 9:30 to 10am - Big & Small 10 to 10:30am - Tiny Dancers		LOCHABER HAL 3:50 to 4:30pm 4:30 to 5:10pm LOCHABER HAL 5:10 to 5:50pm	- Mini - Junio L (Ball e	3:30 f Street 4 to 4 - Miss Anita) 4:30 f		ONE PILATES (Ballet - N 4pm - Big & Small 0pm - Tiny Dancers 5:10pm - Rising Stars 5:50pm - Mini Ballerini	1			
•	SATURDAY EDCC (Ballet - Miss Ari) 8:30-9am - Pointe class (SP Fairies) 9-9:40am - Rising Stars 9:40-10:20am - Mini Ballerini 10:20-11am - Etoiles 11-12pm - Cygnets 12-1pm - Sugar Plum Fairies EDCC (Tap - Miss Erika) 12 to 12:40am - Toe Tips	EDCC (Street Dance - Miss Erika) 9 to 9:40am - Mini Street 9:40 to 10:20am - Junior Street 10:20 to 11am - Junior Str Plus 1:30 to 2:30pm -Teen Street EDCC (Ballet - Miss Erika) 11 to 11:30am - Big & Small 11:30-12pm - Tiny Dancers EDCC (Contemporary - Miss Erika)	Anita) 9:00 to 9:4 12 to 12:4 SCOUT HI 9:40 to 10 10:10 to 1 10:40 to 1	Or (Street Dance - Miss Opm - Mini Street Opm - Junior Street OT (Ballet - Miss Anita) 1:10am - Big & Small 0:40am - Tiny Dancers 1:20am - Rising Stars Opm - Mini Ballerini		ST. DUNSTAN'S (Bal Emma) 9 to 9:30am - Big & S 9:30 to 10am - Tiny I 10 to 10:40am - Risii 12 to 12:40pm—Mir St. DUNSTAN'S (Str I Emma) 10:40 to 11:20am - N	Small Dancers ng Stars ni Ballerir Dance - I	Maria) 9 to 9:40am - Mini 9:40 to 10:20am - St. BART'S (Ballet 10:20 to 10:50am 10:50 to 11:20am 11:20am to 12pm	Street Junior Street - Miss Maria - Big & Small - Tiny Dancer - Rising Stars	(Ballet - Cover teacher)		

11:20am to 12pm - Junior Street

11:20 to 12pm - Mini Ballerini/

Etoiles

2:30 to 3:30pm - Counterpoint

3:30 to 4:30 - Motif

Class description

Students are ordered by School Year and move up in September, when applicable.

Ballet

Big & Small

For children aged 2 upwards. Older students who prefer dancing with an adult. A fun class with parents, nannies or anyone keen to join their little dancers. Baby siblings welcome to come along.

Tiny Dancers

Pre-schoolers, intended as Academic Year prior starting reception. The first approach-ballet technique in a creative and imaginative style.

Rising Stars*

Reception children and school year 1. A definite development from the former stage and a preparation-more demanding ballet technique.

* Advanced rising Stars are children in Year 1 who have already attended previous levels at Eos Dance

Mini Ballerini

Introduction of barre work and more elaborated enchaînments. From school year 2, up-and including beginners in Year 3 and 4.

Etoiles

Beginners in Year 4 or older children with little or no ballet background. Very advanced school year 3.

Cygnets

Children from school year 5, according-level of experience.

Sugar Plum Fairies

Children from year 5-6, with a strong ballet background. Tweens and teenagers at beginner level.

Street dance

Mini Street

Music, energy and great moves! Children from reception-school Year 1.

Junior Street

Adding style to more challenging choreographies. Children from school Year 2-Year 4 beginners.

Junior Street Plus

Time to start big moves. Children from school Year 4 advanced-Year 6.

Teen Street

For highly enthusiastic pre-teens and teenagers. Fun is the only requirement...

Tap

Toe Tips

The first approach-some very good fun. Children from reception-school year 2

Heel 'n Toe

More advanced steps, routines and techniques. Children in school year 3-year 6

Contemporary

Motif

From school year 2, up-and including beginners in Year 3 and 4.

Counterpoint

Children from school year 5 to teens, according-level of experience.

Musical Theatre

Spotlight

A first approach to the magical world of performance. For reception and school year 1 children.

Chorus

Buddying artists from school year 2 upwards. Express your creativity through stage techniques.